



Art Therapy

"Open Session"

**Wednesday 30th September
10am – 12pm
Cancer and Wellness Centre**

Join us for a therapeutic art therapy session led by a Creative Arts Therapist.

Enjoy a relaxed environment where you can explore creativity, connect with others, and support your wellbeing.



What you can expect:

- Creative play through various art materials
- Opportunity for escapism and psychological support
- No experience needed to participate
- No pressure to disclose your cancer experience
- Drop in at any time, leave when you like

**For more information and to book,
please contact:**

**Wellness Centre Coordinator
P: 5445 2426**

E: wellnesscentreprogram@erh.org.au

For patients receiving treatment and for 12 months following treatment.