



Oncology Massage

Thursday 9.30am-2.30pm



Oncology massage is a gentle form of relaxation massage designed to relieve tension.

It may also reduce treatment side effects and symptoms such as nausea, pain, fatigue and anxiety.

Massage can be received through clothing, or applied with oil on the skin.

Patients can receive three 45 min massages at no cost if they are having active treatment and for 12 months post treatment.

Our Oncology Massage Therapist is in the Cancer Wellness Centre fortnightly on a Thursday.

To book please contact:

Wellness Centre Program Coordinator

P: 5445 2426

Email: **wellnesscentreprogram@erh.org.au**

