



# Echuca Regional Health

## EMERGENCY DEPARTMENT

### ALTERNATIVE HEALTHCARE OPTIONS

In times of high demand where waiting times in the ED are long and you are unable to access your local General Practitioner, patients may choose to seek consultations / health advice

**If your GP is not available, or you are unsure if you need to visit an Emergency Department, try one of these alternative service providers.**

#### **Nurse on Call**

Puts you directly in touch with a registered nurse for caring, professional health advice around the clock.

**Call 1300 60 60 24**

or visit website for more info

<https://www.health.vic.gov.au/primary-care/nurse-on-call>

**NURSE-ON-CALL**  
**1300 60 60 24**

24 HOUR HEALTH ADVICE FOR ALL VICTORIANS

#### **VVED- Victorian Virtual Emergency Department Northern Health**

Access to care from emergency doctors and nurse practitioners for non-life-threatening emergencies around the clock.

**FREE OF CHARGE**

Visit the website to access the service

<https://www.vved.org.au/>



#### **Instant Scripts**

Get your scripts approved by a real, Australian GP. It's like having a GP in your pocket. Medical Certificates and Telehealth Appointments to discuss your scripts are also available.

Fee for service \$19- \$49

Open 7 days 6.00am-12.00noon

**Call 1300 391 438** or visit website for more info

[www.instantscripts.com.au](http://www.instantscripts.com.au)



#### **Doctors on Demand**

**24/7** Australian Telehealth Service providing Online GP Appointments, Medical Certificates and Prescriptions.

Fee for service \$60-\$90

Visit the website to access the service

<https://www.doctorsondemand.com.au/>



### **Instant Consult Connect securely via the APP**

Instant Consult for Medical Certificates, Prescriptions, Referrals, Pathology Requests & Radiology Requests.  
Available 7 days from 6.00am - Midnight.  
Service fee \$45 - \$55



### **Health Engine**

Web portal which aggregates many Australian GP telehealth providers with available appointments in one website. Speak with an Australian Qualified GP from anywhere via phone or video. Pricing is variable depending on service and length of consult.

\$15- prescriptions

\$38- 8 minute on-demand consult

\$52- 15 minute consult

Visit the website to access the service <https://healthengine.com.au/appointments>



### **National Telemedicine Doctors**

Prescriptions, Medical Certificates, Referrals, General Consults, Blood Tests, X-rays and more.

Consult a Doctor/GP any day by phone or video from anywhere  
Bulk Billing for eligible patients. Fee for service variable \$20-\$100  
Visit website to access this service

<https://www.nationaltelemedicinedoctors.com/>



### **Lifeline – Crisis Support and Suicide Prevention**

Lifeline is a national charity providing all Australians experiencing a personal crisis with access to 24 hour crisis support & suicide prevention.

Call **13 11 14** or visit the website for more info

<https://www.lifeline.org.au/>



### **Cub Care – for kids**

Urgent consults with senior paediatric emergency doctors in a virtual environment for kids 15 years and under.

5.00pm to 11.00pm. Fee for service \$179-\$219

Visit website to access the service

<https://www.cubcare.com.au/>



### **My Emergency Doctor**

Telemedicine service providing access to an emergency specialist for acute medical conditions when your usual doctor isn't available and you're not sure if you need to go to an emergency department.

Fee for service \$250 - \$280

**Call 1800 123 633 or visit**

<https://www.myemergencydr.com/>



### **Mental Health Triage- Bendigo Health**

A telephone-based screening service that provides **24/7** access to mental health services across the Loddon Campaspe Southern Mallee region.

If you are concerned that you need a Mental Health Assessment, please contact Triage before attending the Emergency Department.

**Call 1300 363 788**