**Influenza (Flu)**

Keep yourself and others well with your annual Influenza vaccination.

Everyone should get an annual influenza vaccine any time from mid-April onwards to be protected during the peak flu season, which is generally June to September.

However, it’s never too late to be vaccinated as influenza can spread all year round.

The vaccine can be administered by your GP or local pharmacist.

The vaccine is free for individuals who fall into any of the below groups:

* People aged 65 years and over
* Pregnant women (during any stage of pregnancy)
* Aboriginal and Torres Strait Islander people (aged 6 months and over)
* Children aged 6 months to under 5 years
* People with medical conditions putting them at increased risk of severe influenza.