



Location:

The Hopwood Centre
Leichardt St Echuca VIC 3564
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EFC

**Echuca Regional Health
Fracture Clinic**

A Hopwood Centre initiative in collaboration with



Dr Benny Zhang
*Orthopaedic Consultant
Echuca Regional Health
The Royal Melbourne Hospital
MBBS BMedSci FRACS FAOrthA*

About the Service

- The Echuca Regional Health Fracture Clinic will take place as a physiotherapist led face-to-face appointment each Tuesday afternoon at the Hopwood Centre
- Additional sessions may be arranged if clinical demand is present
- A Physiotherapist will be present during each session to assist and arrange follow-up as required
- Dr Benny Zhang will be overseeing the clinical management of patients and if required a direct consultation will be arranged

Benefits of the Echuca Regional Health Fracture Clinic

- Access to a FRACS qualified Orthopaedic Specialist locally
- Reduces travel cost and time to Bendigo or Shepparton
- Access to Physiotherapy support to help manage fracture or provide rehabilitation
- Supporting your local health service and professionals

How to access the Echuca Regional Health Fracture Clinic

- Following the initial diagnosis of your fracture, a referral to Echuca Regional Health Fracture Clinic is required
- Referrals can be made by your:
 - Emergency Department Doctor or
 - General Practitioner
- Echuca Regional Health staff will contact you to offer either a face-to-face clinic appointment or telehealth review
- You will also be informed if you need imaging (eg X-ray) arranged prior to your consultation

Outcome of a consult

- After consultation with EFC clinical staff, additional services required may include:
 - Plastering
 - Fitting of braces and camboots
 - Exercise prescription
 - Referral for follow-up Physiotherapy/Occupational Therapy
- If surgery is required, this will be discussed with you at the time of consultation and performed at Echuca Regional Health through the emergency or elective surgery booking systems

Costs

- The consultation fee will be billed directly to Medicare
 - **Please ensure you have your Medicare Card details with you on the day of appointment**
- Equipment such as braces and camboots not covered by Medicare will incur an out of pocket cost. Some health funds may re-imburse you for these costs
- Cast materials / replacement cast fee \$25
- Allied health follow-up at Echuca Regional Health will incur community health fees:
 - \$10.20 Health Care Card holder
 - \$15.70 Full fee