Loddon Mallee Rural Generalist Program

Gemma Bilardi, Rural Generalist Co-Ordinator, Loddon Mallee

and

Dr Kate Schultz

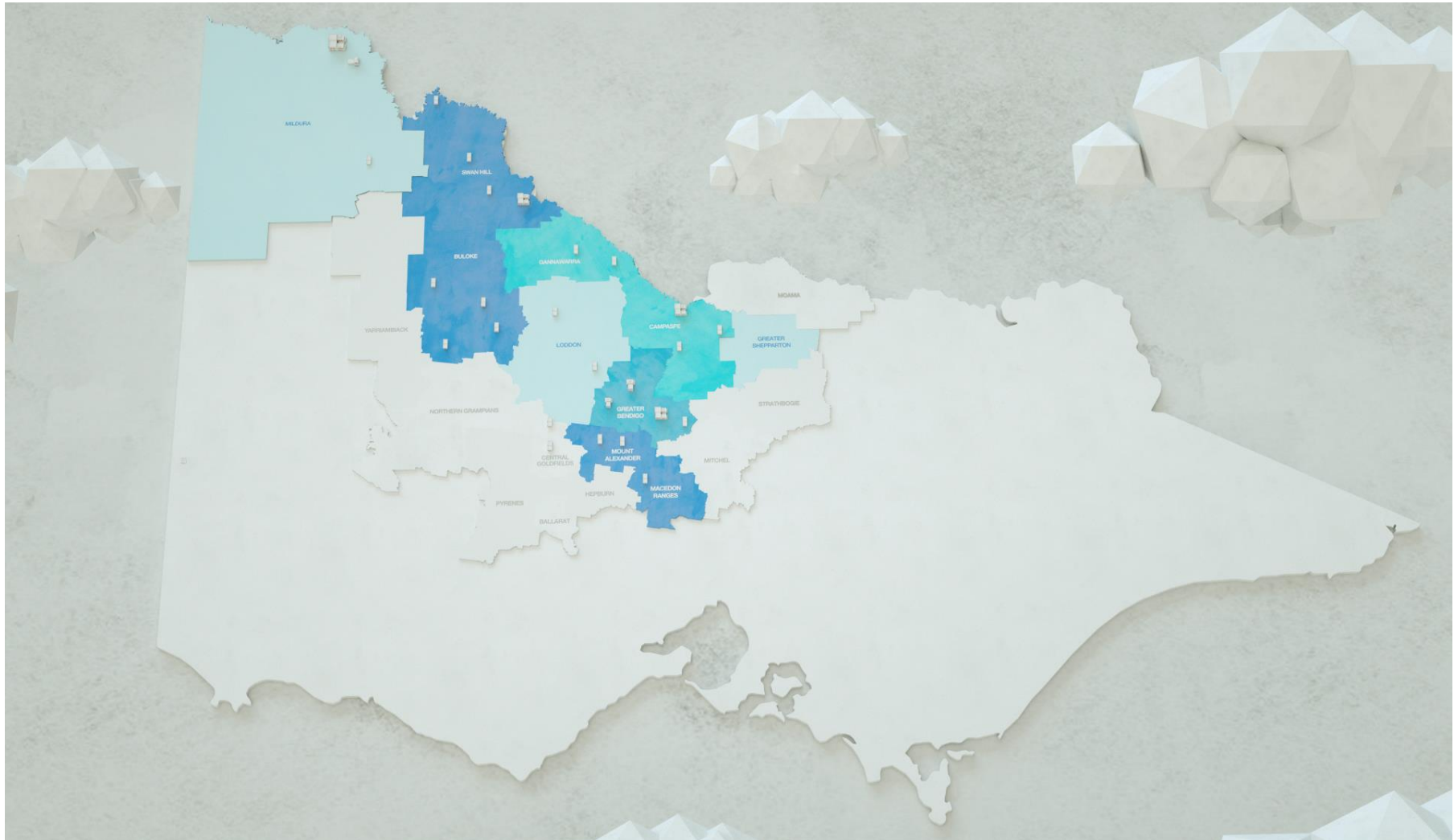(Director of Clinical Training- Echuca Regional Health)

VICTORIA
State
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Our Rural Generalists

Dr Shannah Mousaco
RG Pathway- Year 2

Dr Ali Maudarbocus
RG Pathway- Year 2

Loddon Mallee

What's on Offer living in the Loddon Mallee region

Restaurants/ Cafes

Wineries/ Wine Bars

Art Galleries

Festivals

Sporting events

Outdoors and Nature

Nightlife

What is a Rural Generalist?

A Rural Generalist is a medical practitioner who is trained to meet the specific current and future healthcare needs of Australian rural and remote communities, in a sustainable and cost-effective way.

They provide both comprehensive general practice and emergency care and required components of other medical specialist care in hospital and community settings as part of a rural healthcare team.

RG differs to GP

A Rural Generalist is different to a General Practitioner

- Recognised as a specialist

- Ability to work both in General Practice AND the Health Service

- Medicare currently reviewing the ability for Rural Generalist to bill as specialists in their chosen fields of specialty

According to *The Australian*, the proposed remuneration increase is linked to the successful creation of a new rural generalist specialty that already has the tacit support of the Federal Government.

A joint application submitted by the RACGP and Australian College of Rural and Remote Medicine (ACRRM) is currently being assessed by the Medical Board of Australia (MBA). If successful, it would see formal recognition for the specialised skills of rural generalist doctors trained in obstetrics, anaesthetics, mental health and emergency medicine.

Doctors recognised as rural generalists could then be able to access higher Medicare rebates for certain specialty services, such as mental health assessments, in some instances at more than double the rate of their city counterparts.

Our Health Services

VICTORIAN
RURAL GENERALIST
PROGRAM

(Previously RCIT)

Echuca Regional Health Rotations:

- Emergency Medicine

- General Medicine

- General Surgery

- Community Medicine- General Practice

- RAP (Rehab, Aged Care, Palliative Care)
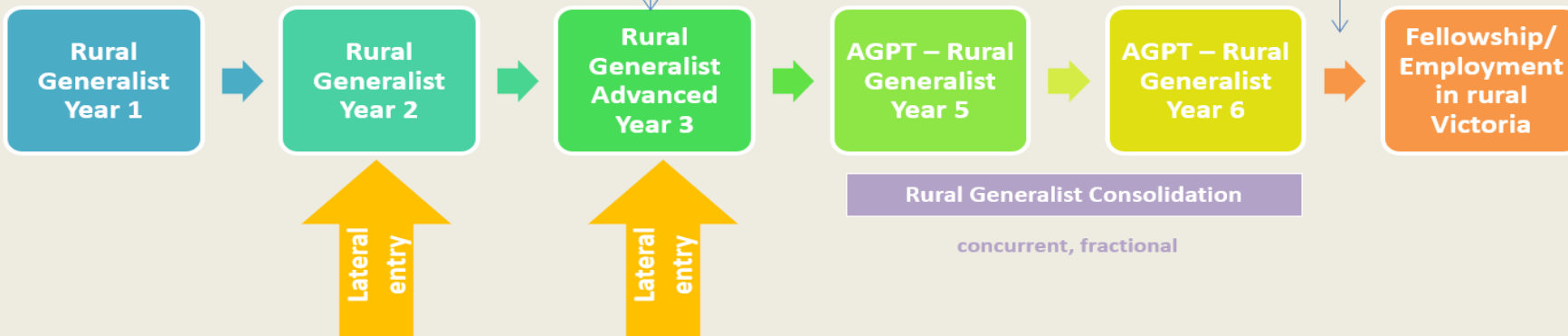
Rural Generalist Pathway

Previous training programs

| RCIT | → | General PGY2 year | → | GP-RG program | → | AGPT | → | AGPT | → | Fellowship |

2021 Victorian Rural Generalist Program

May also be completed post-AGPT training

| Rural Generalist Year 1 | → | Rural Generalist Year 2 | → | Rural Generalist Advanced Year 3 | → | AGPT – Rural Generalist Year 5 | → | AGPT – Rural Generalist Year 6 | → | Fellowship/ Employment in rural Victoria |

Lateral entry

Lateral entry

Rural Generalist Consolidation

concurrent, fractional

Fellowed GP pathway

| Fellowship/ Employment | → | Rural Generalist Advanced | → | Rural Generalist Consolidation |

optional, fractional

Intern- RG Year 1	RG Year 2	RG Year 3

Bendigo Health
General surgery (core)
Emergency medicine (core)
General medicine (core),
Cardiology (non-core),
Renal (non-core),
Geriatric medicine (non-core),
Oncology (non-core),
Rehabilitation (non-core),
Psychiatry (non-core),
Orthopaedics (non-core),
Urology (non-core)
Orthogeriatrics (non-core)
	GP Pathway Stream (4 positions)
	    Anaesthetics/HDU at Echuca
	    Regional Health
	    Emergency Medicine at Swan
	    Hill District Health
	    Obstetrics and Gynaecology
	    Paediatrics
		Advanced Skills
		Emergency
		Obstetrics and Gynecology
		Anesthetics
		Paediatrics
		Mental Health
		Aged Care

Echuca Regional Health (5 positions) General surgery (core) Emergency medicine (core) General medicine (core), Community Medicine - General Practice (non-core) RAP (Rehabilitation/Aged Care/Palliative Care) (non-core)	**GP Pathway Stream (2 positions)** General surgery Emergency medicine (core) RAP (Rehabilitation/Aged Care/Palliative Care) Paediatrics and Obstetrics and Gynaecology	**Advanced Skills** Emergency
Mildura Base General surgery (core) Emergency medicine (core) General medicine (core) Orthopaedics (non-core) Psychiatry (non-core)	General surgery Emergency medicine General medicine Paediatrics Orthopaedics Psychiatry Obstetrics and Gynaecology	**Advanced Skills** Emergency Obstetrics and Gynecology Anesthetics

Rural Generalist Pathway

Dr Shannah Mousaco- Echuca Regional Health

What have the benefits been of having an RCIT and then RG pathway available to you with support?

I have the opportunity to work alongside seniors who are in similar roles to the career path I want to take, so this has allowed me to draw on their experience and have a mentor .

Having RG pathways has also alleviated some of the stress and confusion surrounding training programs and has allowed me to map out my career pathway of where I want to be and what I need to do to get there.

Shannah's Journey

Year 1

Echuca Regional Health

Emergency Medicine
General Medicine
General Surgery

RAP (Rehab, Aged Care, Palliative Care

Community Medicine - General Practice

Year 2

Echuca Regional Health

Emergency Medicine

Paediatrics and Obstetrics/ Gynaecology

General Surgery

Application to GP Training

Year 3

Bendigo Health

Advanced Skills- Obstetrics and Gynecology

Shannah's Journey

Year 4

General Practice Term 1

And

Consolidation of skills
Loddon Mallee

General Practice Term 2

Year 5

General Practice Term 3

General Practice Term 4

Fellowed Rural Generalist

Loddon Mallee Rural Generalist Pathway: WHY?

"You will be valued and have a team of dedicated professionals working with you to achieve your goal to becoming a highly competent regional/rural doctor."

Dr Ali Maudarbocus
RG Pathway- Year 2 (Bendigo Health)

Loddon Mallee Program

What we offer

- A supportive environment

- Case Management - one on one case management in order to prioritise placements and rotations through the Rural Generalist pathway.

- We work with - Monash and Melbourne University, General Practices, Health Services and GP Colleges MCCC- RTO , to navigate your pathway and support you to achieve your career goals

- Education and Supervision Support

- Mentorship

- A sense of community and connection

- Potential for two to three year contracts

Thank You

For further information please contact

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