POSITION DESCRIPTION

Exercise Physiologist – Grade 2

Supporting Everyone to be healthy and live well

PURPOSE OF THE ROLE

The Grade 2 Exercise Physiologist role exists within the IPAC or Physiotherapy Department. They are responsible for the independent management of a clinical caseload delivering expert assessments and management for clients related to their area of expertise. They are involved in the care coordination of clients in the community setting including helping integrate and complete referral processes in collaboration with the client. They are involved in the Heart Failure Group or Chronic Disease Group – completing assessments of the client prior, during and on completion of the group. They will contribute to client health action plans and set up an exercise program at the service or in home.

The role includes consultation with clients, carers and other members of inter-professional and Primary care teams to enable the delivery of a high-quality service that supports a client centred approach to care.

It also includes supervision and support of Allied Health Assistants (AHA) and undergraduate students.

The Grade 2 position involves liaison with the IPAC Manager and Physiotherapy Services to ensure that service delivery is effective and timely and meeting all documentation and data collection requirements.

The position may involve working in the following clinical areas: IPAC Department Complex Care Chronic Disease, visiting clients in their homes. Home visiting is equal to 3 or more visits per day.

Position Details	
Position Title:	Exercise Physiologist
Department	IPAC Community Services
Reports to:	IPAC Manager
Positions Reporting to this role:	Undergraduates and AHA's
FTE:	Up to 1 EFT
Budget:	IPAC Department
Enterprise Agreement:	Allied Health Professionals 2021-2025
Position Classification:	Grade 2 EP67 – EP70
Position Description last reviewed:	14/1/2025

Key Accountabilities
• Maintain a clinical load appropriate to level of expertise as part of the clinical services offered by an Exercise Physiologist
• Assess, prescribe and implement exercise, mobility and rehabilitation programs to individual patients (Goal Directed Care Plans) and therapy groups - primarily within the IPAC Department and Physiotherapy Department
• Contribute to the day to day operation/functioning of the Physiotherapy department including distribution of caseload

• Demonstrate evidence-based practice and contributing to a culture of high quality of care and workforce performance within the department
• Manage data collection and data entry requirements as required by the organisation. Effective and timely reporting procedures and communication of relevant patient information both internally and externally
• Support and supervise work experience, Allied Health Assistant (AHA) and undergraduate students as required

Organisational Responsibilities
Positively promote ERH within and externally to the organisation
Comply with the ERH and Victorian Public Sector Code (VPS) of Conduct
Each employee has a responsibility to comply and promote practices with all ERH policies and procedures and familiarise themselves with those relevant to their position
Comply with relevant registration bodies mandatory continuing professional development requirements
Carry out all work and interactions in alignment with the CARE values
Each employee has a responsibility to comply with and promote relevant legislation and professional standards in relation to safety, quality and risk relevant to their position
Each employee has a responsibility to comply with and promote compliance with the National Safety & Quality Health Service Standards and other industry standards and relevant regulatory requirements

CARE Values	
All staff are expected to behave in a way that is in alignment with our corporate values:	
Collaboration	Works with a team focus Cooperates with others and gains input and support to assist in achieving objectives We work with others to achieve shared goals
Accountability	Monitors the impact of one's own behaviour on others Supports a "no-blame" culture in reporting incidents and helping to effectively resolve them
Respect	Treats people fairly and openly Treats people with dignity Demonstrates personal standards of consistency, tolerance and patience
Excellence	Consistently supports and follows organisational policies and procedures Actively participates in identifying opportunities to improve what we do

Key Relationships	
Internal	**External**
Community services staff	GP's
Nursing and clerical staff	Service Coordination agencies
	Government agencies
	Consumers

Exercise Physiologist – Grade 2

Selection Criteria
Essential:
Qualifications: • Bachelor of Exercise and Sport Science or Masters of Clinical Exercise Physiology
• Current Exercise and Sport Science Australia (ESSA) accreditation
• Demonstrated clinical skills in Exercise Physiology practice including assessment and provision of appropriate exercise programs to consumers with various health conditions
• Demonstrated organizational and time management skills including ability to prioritise and set goals/objectives in a clinical setting
• Demonstrated understanding of patient centred care and an ability to assist clients to identify goals
• Demonstrated ability to set up group work for consumers and work within a multidisciplinary team
• Commitment to ongoing professional development
• Demonstrated understanding of quality improvement processes and commitment to safety and quality in all aspects of work and conduct. Work collaboratively within a team environment
Satisfactory evidence of; National police check, Working with Children's and Vaccination status in line with policy and procedure at this time.
Desirable:
• Well developed interpersonal, written and electronic communication skills
• Experience in setting up chronic disease exercise programs in consumer homes

TERMS & CONDITIONS OF EMPLOYMENT:
Terms and conditions are in accordance with the Letter of Offer and Contract of Employment.

I acknowledge that I have received a copy of this position description. I have read (or have had read to me) and understand the requirements of this position. I agree to work in accordance with this position description.

Signed: _____ Date: / /

Print Name: _____

cc: Employee File