

## POSITION DESCRIPTION

Exercise Physiologist – Grade 1

*Supporting Everyone to be healthy and live well*

### PURPOSE OF THE ROLE

The Grade 1 Exercise Physiologist will work within the Physiotherapy department with an active role in education exercise and rehabilitation intervention for a variety of inpatient and community-based clients.

The Exercise Physiologist will hold a position within the Physiotherapy department and be responsible for a clinical caseload related to their allocated area of work. This may include supervision and support of Allied Health Assistants (AHA) and undergraduate students.

The Grade 1 position involves liaison with peers, senior Physiotherapists and the Physiotherapy manager to ensure that service delivery is effective and timely and supports a person-centered approach to care.

Position Details	
Position Title:	Exercise Physiologist
Department	Physiotherapy and Exercise Physiology Department
Reports to:	Manager of Physiotherapy and Exercise Physiology
Positions Reporting to this role:	Allied Health Assistants
FTE:	
Budget:	
Enterprise Agreement:	Allied Health Professionals Enterprise Agreement 2021-2026
Position Classification:	EP 61 -EP65
Position Description last reviewed:	May 2024

Key Accountabilities
Maintain a clinical load appropriate to level of expertise as part of the clinical services offered by an Exercise Physiologist
Assess, prescribe and implement exercise, mobility and rehabilitation programs to individual patients (Goal Directed Care Plans) and therapy groups - primarily within the Physiotherapy Department and Community Rehabilitation Program (CRP)
Contribute to the day to day operation/functioning of the Physiotherapy department including distribution of caseload
Demonstrate evidence-based practice and contributing to a culture of high quality of care and workforce performance within the department
Manage data collection and data entry requirements as required by the organisation. Effective and timely reporting procedures and communication of relevant patient information both internally and externally

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### Organisational Responsibilities

- Positively promote ERH within and externally to the organisation
- Comply with the ERH and Victorian Public Sector Code (VPS) of Conduct
- Each employee has a responsibility to comply and promote practices with all ERH policies and procedures and familiarise themselves with those relevant to their position
- Comply with relevant registration bodies mandatory continuing professional development requirements
- Carry out all work and interactions in alignment with the CARE values
- Each employee has a responsibility to comply with and promote relevant legislation and professional standards in relation to safety, quality and risk relevant to their position
- Each employee has a responsibility to comply with and promote compliance with the National Safety & Quality Health Service Standards and other industry standards and relevant regulatory requirements

### CARE Values

All staff are expected to behave in a way that is in alignment with our corporate values:

#### Collaboration



Works with a team focus  
Cooperates with others and gains input and support to assist in achieving objectives  
We work with others to achieve shared goals

#### Accountability



Monitors the impact of one's own behaviour on others  
Supports a "no-blame" culture in reporting incidents and helping to effectively resolve them

#### Respect



Treats people fairly and openly  
Treats people with dignity  
Demonstrates personal standards of consistency, tolerance and patience

#### Excellence



Consistently supports and follows organisational policies and procedures  
Actively participates in identifying opportunities to improve what we do

### Key Relationships

Internal	External
Manager	GP's
Physiotherapy/Exercise Physiologists	Service Coordination agencies
Allied Health Assistants	Government agencies
Allied Health Professionals	Consumers

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#### Selection Criteria

##### Essential:

##### Qualifications:

- Bachelor of Exercise and Sport Science or Masters of Clinical Exercise Physiology

Current Exercise and Sport Science Australia (ESSA) accreditation

Demonstrated clinical skills in Exercise Physiology practice including assessment and provision of appropriate exercise programs to consumers with various health conditions

Demonstrated organizational and time management skills including ability to prioritise and set goals/objectives in a clinical setting

Demonstrated understanding of patient centred care and an ability to assist clients to identify goals

Demonstrated ability to set up group work for consumers and work within a multidisciplinary team

Commitment to ongoing professional development

Demonstrated understanding of quality improvement processes and commitment to safety and quality in all aspects of work and conduct. Work collaboratively within a team environment

Satisfactory evidence of; National police check, Working with Children's, NDIS and Vaccination status in line with policy and procedure at this time.

##### Desirable:

Well developed interpersonal, written and electronic communication skills

Experience in setting up chronic disease exercise programs in groups and for individuals.

#### TERMS & CONDITIONS OF EMPLOYMENT:

Terms and conditions are in accordance with the Letter of Offer and Contract of Employment.

I acknowledge that I have received a copy of this position description. I have read (or have had read to me) and understand the requirements of this position. I agree to work in accordance with this position description.

Signed: \_\_\_\_\_ Date:        /        /

Print Name: \_\_\_\_\_

cc: Employee File