

POSITION DESCRIPTION



Creative Arts Therapist

Supporting Everyone to be healthy and live well

PURPOSE OF THE ROLE

The Adult and Older Adult Mental Health and Wellbeing services, otherwise known as “Locals”, are a key recommendation from Victoria’s Royal Commission into the mental health service system. As such, the Locals are a key feature of the current system transformation.

The Locals will act as a front door to the mental health service system utilising a no wrong door approach. The Locals will provide a continuum of care and support including clinical interventions, wellbeing supports, and therapeutic support through an integrated mental health and alcohol and other drug framework approach.

Mind Australia is the lead agency in a consortium which comprises of Bendigo Health, Echuca Regional Health, The Salvation Army, Thorne Harbour Health and Bendigo District Aboriginal Co-op who will deliver the Greater Bendigo Loddon Campaspe Local. Our shared vision is a Greater Bendigo Loddon Campaspe Local that delivers integrated care and support that puts the person accessing the service at the very centre of their treatment, support and care coordination using a range of evidence informed approaches. The consortium is committed to embedding lived and living experience within all aspects of the service including program design and evaluation, leadership, service delivery and governance.

Creative Arts Therapist Position Statement

Local Services will provide evidence-based or informed clinical treatment, including counselling and psychological therapies. The Creative Arts Therapist will use their knowledge, skills and experience in either Art or Expressive Therapy to improve the mental health and wellbeing of consumers of the Mental Health and Wellbeing Local. The Arts Therapist will develop individual and group therapy programs in collaboration with consumers and other mental healthcare practitioners. Clinical interventions will be integrated with and complemented by wellbeing support, peer and mutual self-help support and care coordination.

Position Details	
Position Title:	Creative Arts Therapist
Department	Greater Bendigo Loddon Campaspe Mental Health and Wellbeing Local (GBLC)– Echuca Site
Reports to:	GBLC Operations Manager – Echuca Site
Positions Reporting to this role:	N/A
FTE:	0.91 up to 1
Budget:	\$126,853.05
Enterprise Agreement:	Allied Health Professionals (Victorian Public Sector) (Single Interest Employers) Enterprise Agreement 2021-2026;
Position Classification:	Grade 2
Position Description last reviewed:	02/06/2025

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Key Accountabilities

- Design and deliver customised individual and group session plans according to consumer recovery goals, needs and preferred forms of artistic expression.
- Assist consumers to process emotions within the creative space (through) in a safe and contained environment. Combining verbal and non-verbal communication and creative processes, support clients to explore their internal experiences to enhance emotional well-being and their mental health.
- Encourage creative expression with consumers, including the development of reflection skills upon their creative processes and artworks.
- Ensure that the creative space is maintained, art supplies are stocked, stored securely and tools and equipment is maintained.
- Make referrals to other services and supports when it is in the interests of the consumer to do so and with the consumer's informed consent.
- Self-Care and Wellness: Actively engage in self-care practices and seek opportunities for professional development and clinical supervision following ANZACATA guidelines to maintain personal well-being, enhance clinical skills and maintain professional practice.
- Perform other duties, responsibilities, and tasks as directed by the manager/supervisor, within the scope of the role, skills, and capabilities, to meet operational and organisational needs.

Organisational Responsibilities

- Positively promote ERH within and externally to the organisation
- Comply with the ERH and Victorian Public Sector Code (VPS) of Conduct
- Each employee has a responsibility to comply and promote practices with all ERH policies and procedures and familiarise themselves with those relevant to their position
- Comply with relevant registration bodies mandatory continuing professional development requirements
- Carry out all work and interactions in alignment with the CARE values
- Report all incidents and near misses as soon as possible after the event
- Participate in risk management activities and assist with identification and control of risks within their department or area of work
- Actively support compliance with the National Safety & Quality Health Service Standards and other professional standards and relevant regulatory requirements

CARE Values

All staff are expected to behave in a way that is in alignment with our corporate values:

Collaboration



Works with a team focus
Cooperates with others and gains input and support to assist in achieving objectives
We work with others to achieve shared goals

Accountability





Monitors the impact of one's own behaviour on others
Supports a "no-blame" culture in reporting incidents and helping to effectively resolve them

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Respect 	Treats people fairly and openly Treats people with dignity Demonstrates personal standards of consistency, tolerance and patience
Excellence 	Consistently supports and follows organisational policies and procedures Actively participates in identifying opportunities to improve what we do

Key Relationships

Internal	External
Staff operating within the LOCAL	MIND Australia
ERH	Area Mental Health and Wellbeing Services

Selection Criteria

Essential:

Qualifications:

Master's degree in Art Therapy

Current registration with ANZACATA

Minimum 2 years' experience as an Art Therapist, preferably in a clinical mental health setting.

A strong knowledge and understanding of the theory and practice of psychotherapy and the role that art or expressive and somatic therapy can play in treatment.

The ability to inspire trust and provide an open atmosphere that encourages learning and participation

Proven experience in conducting individual and group therapy sessions and creating healing through creative expression

Understand and value the voice of lived expertise and how it contributes to service provision and clinical outcomes

Ability to work effectively within a multidisciplinary team and contribute to a positive collaborative work environment

Well-developed interpersonal communication skills including the ability to establish rapport clients

Strong written and verbal communication skills

Driver's License

Ability to supervise students and provide clinical support to other staff employed at the GBLC Local.

Satisfactory evidence of; National police check, Working with Children's Check, NDIS Worker Screening Check and Vaccination status in line with policy and procedure at this time.

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Leadership Capabilities					
The table below indicates the leadership capability levels required. This table will need to be read in conjunction with the ERH Leadership Capability Framework. ✓ PLEASE USE A TICK ICON TO INDICATE REQUIRED LEVEL					
Category	Descriptors	Foundation	Proficient	Advanced	Highly Advanced
Collaboration 	Inspires direction & purpose				
	Turns challenges into opportunities				
	Communicates effectively				
	Builds relationships				
	Works collaboratively				
Accountability 	Acts with integrity				
	Demonstrates accountability				
	Drives accountability				
	Manages self				
	Promotes innovation				
Respect 	Accessible communicator				
	Values difference				
	Consistently articulates direction				
	Empowers others				
	Respectfully influences				
Excellence 	Delivers results				
	Plans and prioritises				
	Thinks and solves problems				
	Consumer focus				
	Innovation change leader				

TERMS & CONDITIONS OF EMPLOYMENT:

Terms and conditions are in accordance with the Letter of Offer and Contract of Employment.

I acknowledge that I have received a copy of this position description. I have read (or have had read to me) and understand the requirements of this position. I agree to work in accordance with this position description.

Signed: _____ Date: ____ / ____ / ____

Print Name: _____

cc: Employee File