

### Senior Mental Health Nurse

### *Supporting Everyone to be healthy and live well*

The Senior Mental Health Nurse will be located at the Echuca Site of the Greater Bendigo Loddon Campaspe Mental Health and Wellbeing Local. The "Local" is a consortium with MIND Australia being the Lead Agent. In addition, the Echuca site has staff employed by Echuca Regional Health, Thorn Harbour and Salvation Army.

The consortium is committed to embedding lived and living experience within all aspects of the service including program design and evaluation, leadership, service delivery and governance.

The Senior Mental Health Nurse will provide holistic nursing care to individuals twenty-six years and above with Mental Health conditions. This position will also support carers, family, and the persons supportive networks. Care provision will be delivered in collaboration with other professionals including Peer Practitioners, Community-based Area Mental Health Workers and other clinical staff to assess, plan and tailor care that is stepped up and down in accordance with need. Therapeutic interventions will be trauma informed and understand the lived experience to ensure a recovery focus.

#### Position Details

Position Title:	Senior Mental Health Nurse
Department	Greater Bendigo Loddon Campaspe Mental Health and Wellbeing Local (GBLC)– Echuca Site
Position Fulltime Equivalent (FTE)	1.0 FTE
Reports to:	Operations Manager GBLC Local – Echuca Site
Enterprise Agreement:	Nurses and Midwives Enterprise Agreement 2024-2028
Position Classification:	Clinical Nurse Consultant C (ZA7)

#### Key Accountabilities

Conduct comprehensive biopsychosocial Mental Health assessments utilising evidence-based assessment tools to inform tailored care plans
Provide treatment and care that has been co-designed with the consumer and is based on a clear structured treatment approach involving shared monitoring of progress
Participate in multidisciplinary team case discussions to support client care that ensures peer learning, secondary consultation and capacity building
Support care coordination to support service system navigation and client advocacy
Facilitate communication transfer and referral pathways into Area Mental Health and Wellbeing services as clinically indicated
Provide secondary consultation for staff employed within the Local for complex case presentations
Monitor the effects of prescribed psychiatric medications, educating patients and their families about medication adherence, potential side effects and the importance of follow-up appointments
Provide immediate support and intervention during times when people may present in extreme distress, utilising de-escalation techniques and coordinating with the team to ensure safety

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- Offer psychoeducation to patients and their families, providing information about Mental Health conditions, treatment options, coping strategies, and resources available for ongoing support
- Accurately document patient assessments, care plans, interventions, and progress notes in compliance with organisational policies and regulatory standards
- Actively engage in self-care, reflective practice and seek opportunities for Continuous Professional Development to maintain personal wellbeing and enhance clinical skills
- Perform other duties, responsibilities, and tasks as directed by the manager/supervisor, within the scope of the role, skills, and capabilities, to meet operational and organisational needs

### Organisational Responsibilities

- Positively promote ERH within and externally to the organisation
- Comply with the ERH and Victorian Public Sector Code (VPS) of Conduct
- Each employee has a responsibility to comply and promote practices with all ERH policies and procedures and familiarise themselves with those relevant to their position
- Comply with relevant registration bodies mandatory continuing professional development requirements
- Carry out all work and interactions in alignment with the CARE values
- Each employee has a responsibility to comply with and promote relevant legislation and professional standards in relation to safety, quality and risk relevant to their position
- Each employee has a responsibility to comply with and promote compliance with the National Safety & Quality Health Service Standards and other industry standards and relevant regulatory requirements

### CARE Values

All staff are expected to behave in a way that is in alignment with our corporate values:

<b>Collaboration</b> 	Works with a team focus Cooperates with others and gains input and support to assist in achieving objectives We work with others to achieve shared goals
<b>Accountability</b> 	Monitors the impact of one's own behaviour on others Supports a "no-blame" culture in reporting incidents and helping to effectively resolve them
<b>Respect</b> 	Treats people fairly and openly Treats people with dignity Demonstrates personal standards of consistency, tolerance and patience
<b>Excellence</b> 	Consistently supports and follows organisational policies and procedures Actively participates in identifying opportunities to improve what we do

### Key Relationships

Internal	External
GBLC Local Manager and staff	Area Mental Health

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Executive Director of Nursing and Midwifery	External health and community support agencies
Executive Director Community Services	AOD Services
Mind Australia staff	Primary Care
All ERH staff	Community Pharmacies

### Selection Criteria

#### Essential:

##### Qualifications:

- Registered Nurse (RN) with the Australian Health Professional Regulation Agency (AHPRA) with postgraduate qualifications in Mental Health
- Minimum of five years clinical experience in psychiatric or Mental Health Nursing

Demonstrated ability to deliver trauma informed care that understands the lived experience

Demonstrated experience in clinical triage, assessment and referral management within a Mental Health setting

Demonstrated ability to work collaboratively within a multidisciplinary team that delivers tailored Mental Health and wellbeing care that focuses on recovery

Highly developed interpersonal skills that enable effective working relationships with a range of internal and external stakeholders

Satisfactory evidence of; National police check, Working with Children's Check, NDIS Worker Screening Check and Vaccination status in line with policy and procedure at this time

Ability to supervise students and provide clinical support to other staff employed at the GBLC Local

Flexibility of days and hours of work; Ability to work a range of shifts including days, evenings, and weekends as rostered

#### Desirable:

Certification in Psychiatric-Mental Health nursing (PMHN)

Ability to conduct group work

Is an approved supervisor or willing to undertake the required training to gain this status

### TERMS & CONDITIONS OF EMPLOYMENT:

Terms and conditions are in accordance with the Letter of Offer and Contract of Employment.

I acknowledge that I have received a copy of this position description. I have read (or have had read to me) and understand the requirements of this position. I agree to work in accordance with this position description.

Signed: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Print Name: \_\_\_\_\_

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