

POSITION DESCRIPTION

Residential Aged Care Mental Wellbeing Support Worker

Supporting Everyone to be healthy and live well

PURPOSE OF THE ROLE

The Residential Aged Care Mental Wellbeing Support Worker will be required to provide low intensity mental health support for residents experiencing, or at risk of experiencing, mild mental health issues.

Low intensity services are designed to be accessed easily and can be offered through a range of modalities including face-to-face, group work, telephone and/or digital interventions. This position will be required to provide care that is innovative and best meets the specific needs of older persons living in Residential Aged Care Facilities.

Position Details

Position Title:	Mental Wellbeing Support Worker - Residential Aged Care
Department	Wellbeing and Primary Mental Health Department
Reports to:	Manager Wellbeing and Primary Mental Health
EFT:	0.3
Enterprise Agreement:	<i>Allied Health Professionals (Victorian Public Sector) Enterprise Agreement 2021-2026</i>
Position Classification:	<i>Welfare Worker (Class 1 – Class 2A) / appropriate Allied Health Profession Grade 2 Equivalent</i>

Key Accountabilities

Target people residing in a residential aged care facility aged 65+ years, who have been diagnosed or are at risk of developing a mild/moderate mental health illness.

Provide evidence-based low intensity support services within a stepped care model.

Provide in reach services within the Residential Aged Care Facility and ensure they meet the specific needs of the people living within these facilities

Collaborate and participate as a member of the community mental health team in the delivery of psychosocial community supports. A variety of psychosocial supports are provided to individuals and/or carers, 1:1 and in groups, to achieve the goals of the consumers and the program service delivery.

Provide innovative care through targeted interventions responsive to the needs of older persons as well as work closely with the RACF mental health clinician to ensure care is responsive to the older person.

Conduct group sessions focusing on activities such as art therapy, mindfulness, music therapy aimed at supporting mental wellbeing

Work closely with other staff members, to ensure comprehensive care. This will include participation in care planning meetings to contribute to the development of individualized care plans for residents.

Organisational Responsibilities





Positively promote ERH within and externally to the organisation

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Comply with the ERH and Victorian Public Sector Code (VPS) of Conduct
Each employee has a responsibility to comply and promote practices with all ERH policies and procedures and familiarise themselves with those relevant to their position
Comply with relevant registration bodies mandatory continuing professional development requirements
Carry out all work and interactions in alignment with the CARE values
Each employee has a responsibility to comply with and promote relevant legislation and professional standards in relation to safety, quality and risk relevant to their position
Each employee has a responsibility to comply with and promote compliance with the National Safety & Quality Health Service Standards and other industry standards and relevant regulatory requirements

CARE Values

All staff are expected to behave in a way that is in alignment with our corporate values:	
 <p>Collaboration</p>	<p>Works with a team focus Cooperates with others and gains input and support to assist in achieving objectives We work with others to achieve shared goals</p>
 <p>Accountability</p>	<p>Monitors the impact of one's own behaviour on others Supports a "no-blame" culture in reporting incidents and helping to effectively resolve them</p>
 <p>Respect</p>	<p>Treats people fairly and openly Treats people with dignity Demonstrates personal standards of consistency, tolerance and patience</p>
 <p>Excellence</p>	<p>Consistently supports and follows organisational policies and procedures Actively participates in identifying opportunities to improve what we do</p>

Key Relationships

Internal	External
Community Services key program areas	Identified Residential Aged Care Facilities

Selection Criteria

Essential:

Qualifications:

- A degree level qualification in Social Work, OT, Psychology, or equivalent (desirable)
- A Diploma in Mental Health, Community Services, Welfare or equivalent

Ability to provide responsive and empathetic care for vulnerable populations

Excellent interpersonal and communication skills.

Strong empathy, patience, and understanding of older persons

Satisfactory evidence of; National police check, NDIS check, Working with Children's and Vaccination status in line with policy and procedure at this time.

Desirable:

Ability to provide innovative care to vulnerable community Groups

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Masters in Creative Art Therapy or working towards

TERMS & CONDITIONS OF EMPLOYMENT:

Terms and conditions are in accordance with the Letter of Offer and Contract of Employment.

I acknowledge that I have received a copy of this position description. I have read (or have had read to me) and understand the requirements of this position. I agree to work in accordance with this position description.

Signed: _____

Date: / /

Print Name: _____

cc: Employee File